

## “Jesus Scourged at the Column”...



### FROM THE GOSPEL ACCORDING TO – **MARK** – :

*“Pilate, wishing to satisfy the crowd, released Barabbas to them and, after he had Jesus scourged, handed him over to be crucified.” (Mark 15:15)<sup>1</sup>*

### MEDITATION ON THE MYSTERY:

If we hold on tightly to You, Lord, as You held on tightly to the Column of the Father – even to the point of having our hands bound to the Truth, patiently enduring the whipping that totally disfigures our dignity: then in some way we, too, will be true Columns of the Church. (cf. *SLC*, p. 283)

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to being able to become true spiritual columns of the Church, St. Anthony of Padua says:  
*“These columns stand for the Apostles, who are rightly called...columns, because....they received firmness in the Resurrection of Christ, and unfailing strength in the sending of the Holy Spirit.”*

(ANTHONY OF PADUA, *Sermons*, 6th Sunday after Pentecost, 1, translated by Paul Spilsbury,  
<https://d2y1pz2y630308.cloudfront.net/15471/documents/2016/10/St.%20Anthony%20of%20Padua-The%20Sermons%20of%20Saint%20Anthony.pdf> [accessed 2 August 2021])

<sup>1</sup> NABRE (USCCB)

### FREE AND PERSONAL MEDITATION

( for a personal contribution to give to those who listen ) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...